

Top-Kids Club

WORKSHOPS 2020

5-13 year old

OCT 2

MOTIVATION BOOST!

How to keep inspired and build independence in times of COVID!

VIRTUAL FRIENDSHIPS

How to maintain healthy relationships with friends online

Oct 16

Oct 30

ANXIETY

How to cope with the fear of the unknown and how to utilize the power of visualization.

LIFE AT HOME

How to maintain good relationships with family in times of COVID, establishing boundaries and interior design 101 for the perfect bedroom!

Nov 13

Nov 27

BEING AUTONOMOUS!

How to be resourceful, developing self-reliance and when to ask for help.

LOVE YOURSELF!

Healthy habits and acts of self-care to keep your sanity and happiness

Dec 11

For registration or more information, contact us at
topkidsmentoring@gmail.com